Barral Institute Course Descriptions July 2011

Visceral Manipulation: Viscerovascular Manipulation; Upper Body (VVMU)

Course Length: 3 Days
18 CE's

Synopsis: This course explores evaluation and treatment techniques for the vascular system of the body.

Course Highlights:

- Review the anatomy and physiology of the vascular system, particularly how arteries dilate or diminish in diameter depending on the function of the body.
- Understand how compression along vascular structures creates restriction patterns and pain throughout the body.
- Learn to locate and release restrictions along the vascular structures using direct techniques on the arteries like compression, decompression and elongation, as well as indirect techniques using the limbs.
- Explore manipulation of the soft tissues of the heart itself, aorta, subclavian artery, along with all the arteries connected with the visceral system.
- Enhance your understanding of how increased blood circulation to an organ improves function of the viscera, and learn how to improve the blood circulation to organs, directly and/or indirectly.
- Learn treatment of the vaso-pressive system and the brain.
- Discover the research done with doppler ultrasound to determine the best mobilizations of the arteries to improve local and general blood circulation.
- Learn practical integration of vascular treatment into the therapeutic session.

Prerequisites: VM1 (Abdomen 1), VM2 (Abdomen 2), and VM4 (Thorax).
Required Advance Reading: *Manual Therapy for Peripheral Nerves* by Jean-Pierre Barral, RPT, DO; and Alain Croibier, D.O.

Advanced Visceral Components of the Neck and Thorax (VMAT)

Course Length: 3 Days
18 CE's

Synopsis: The workshop will present specific and advanced techniques and explain the anatomy, breathing mechanism, function and physiology of the thorax.

Course Highlights:

- Build on the knowledge of the thorax region as learned in VM4.
- Review the myofascial structures of the thorax.
- Explore the hyoid suspensory apparatus, thyroid, tonsils and pharynx.
- Learn more precise techniques for the esophagus, pleura, heart and pericardium
- Classify retropharangeal space.
- Discover treatment techniques to enhance the breathing mechanism.

Prerequisite: VM4 (Thorax).
Required Advance Reading: *The Thorax* by Jean-Pierre Barral, RPT, DO.

Advanced Neuro-Visceral Manipulation of the Abdomen (VMAA)

Course Length: 3 Days
18 CE's

Synopsis: The workshop will present specific and advanced techniques that work with the nervous system of the abdomen.

Course Highlights:

- Discover locations in the body where the nervous system of the abdomen can be influenced directly or via trigger points.
- Evaluate and manipulate the nervous system in relation to the skin of the abdominal region.
- Explore the nervous system structures within the abdominal cavity, focusing on the hiatus, gallbladder, liver, pancreas, spleen, small intestine and large intestine.
- Participate in supervised, hands-on sessions that guide you through specific techniques for locating and evaluating very precise structural points related to the abdominal organs to facilitate optimal release of restricted tissues.

Prerequisite: VM2 (Abdomen 2).
Required Advance Reading: None

Visceral, Neural and Articular Advanced Clinical Synthesis (VNAC)

Course Length: 3 Days
18 CE's

Synopsis: This course is a fusion of all the levels of the Visceral Manipulation and Neural Manipulation curriculum to enhance effectiveness of the evaluation and treatment process.

Course Highlights:

- Explore the organs in greater depth: structure, ligaments, capsula, nerves.
- Learn more about the metabolic (direct manipulation in compression and decompression on the organs), energetic (organs, brain, nervous system) and emotional (each major organ) components of the body and how they are interrelated.
- Discover ways to combine the treatment of multiple organs, e.g., liver, right kidney, lung, spleen, left kidney, descending colon.
- Learn additional techniques to treat the neuro-viscero-emotional components of a pain condition.
- Explore how to lead a therapeutic session, perform an all encompassing assessment, and choose the best therapy to apply.

Prerequisite: VM3 (Pelvis) OR VM4 (Thorax);
and NM2 (Peripheral Nerves Upper Body) OR NM3 (Peripheral Nerves Lower Body;
and MALE (Manual Articular Approach Lower Extremity) OR MAUE (Manual Articular Approach Lower Extremity) OR MASP (Manual Articular Approach Spine and Pelvis).
Required Advance Reading: None.

Manual Articular Approach: Lower Body (MALE)
Manual Articular Approach: Spine (MASP)

Course Length: 3 Days Each
18 CE's

Synopsis: These courses are the first of its kind due to its comprehensive approach to joints. They integrate all aspects of the joint including the nerve, artery, bone, capsule, and ligaments, as well as visceral and emotional connections.

Course Highlights:

- Delve into the joints like never before. Examine the nerves of each joint, along with the arteries, meniscus, ligaments, capsule attachments and folds.
- Work with soft tissue mobilization of the associated bones, while looking at direct and indirect relationships between the bones of the body.
- Explore the relationship between the viscera and the joints.
- Discover how the joints receive and emit messages with other parts of the body, as well as the emotional connections.
- Learn how to evaluate and treat each major joint (spine, shoulder, elbow, wrist, pelvis, knee, ankle) for its primary dysfunction from the anatomical or physiological systems that contribute to it.
- Explore such indications as clinical pain, sprains, arthrosis, and inflammation in a brand new way.
- Understand why Jean-Pierre Barral feels that this will become his most famous curriculum.

Prerequisite: Experience with manual listening skills and must have strong anatomy knowledge of peripheral nerves. Neural Manipulation: Peripheral Nerve Manipulation; Upper Body (NM2) and Peripheral Nerve Manipulation; Lower Body (NM3) recommended but not required.
Required Advance Reading: *Manual Therapy for Peripheral Nerves* by Jean-Pierre Barral, RPT, DO; and Alain Croibier, D.O.