

# vis·cer·al ma·nip·u·la·tion

1: gentle manual therapy that assesses the structural relationships between the viscera (organs), and their fascial or ligamentous attachments to the various systems in the body.

2: assists functional and structural imbalances throughout the body including musculoskeletal, vascular, nervous, urogenital, respiratory, digestive, eliminatory, neuroendocrine and lymphatic dysfunction.

# neur·al ma·nip·u·la·tion

1: light-touch hands-on treatment that releases local nerve restrictions while at the same time examines the effect these local fixations have on the rest of the body, and by accessing this relationship, changes the more comprehensive (global) dysfunctional patterns.

2: enhances proper functioning of the nervous system - one of the communication highways throughout the body.

# new man·u·al ar·tic·u·lar ap·proach

1: precise gentle engagement and soft tissue manipulation that applies a comprehensive approach to the treatment of the whole body and its relationship to the problematic joint, and not just the localized dysfunctional joint.

2: integrates all aspects of the joint including the nerve, artery, bone, capsule, and ligaments, as well as visceral and emotional connections.



Hands-on Manual Therapies developed  
by Jean-Pierre Barral, DO, MRO(F)  
that re-establish the body's ability to  
adapt and restore itself to greater health.