“I touch the future. I teach.”

- Christa McAuliffe
“A hundred years from now, it will not matter what kind of car I drove, what kind of house I lived in, how much money I had in the bank...but the world may be a better place because I made a difference in the life of a child.”

- Forest Witcraft
Why Assist?

Impact

- Treat 40 patients/clients a week
- Typical course size: 30-40 students
- Weekly number of patients/clients affected by your assisting:

1,200 to 1,400
Why Assist?

Benefits

• “By learning you will teach; by teaching you will understand”
  – Latin Proverb
• “To teach is the center of to learn.”
  – Japanese Saying
• “To teach is to learn twice over.”
  – Joseph Jonbert
• “We learn by teaching.”
  – James Howell
Why Assist?

Benefits

• Repeating a course with multiple teachers without paying
• Hearing the material over and over
• Assisting multiple students with the same techniques
• Preparing yourself to assist
• Quality time with the teachers and assistants
Why Assist?

Benefits

Learning Pyramid

- Lecture: 10% average student retention rates
- Reading: 20%
- Audiovisual: 30%
- Demonstration: 50%
- Discussion: 75%
- Practice doing: 90%
- Teach others

Source: National Training Laboratories, Bethel, Maine
Why Assist?

Benefits

- Teaching Assistants
  - $100 voucher for 4 day course ($25/day for other courses)
  - 15% discount on select educational items purchased at course
  - Designated credentials on IAHP website

- Certified Teaching Assistants
  - $200 voucher for 4 day course ($50/day for other courses)
  - 25% discount of select educational items purchased at course
  - $12.50/day toward expenses
  - Designated credentials on IAHP website
How to become an Assistant

VM1: Teaching Assistant Requirements

• Successful attendance at two Visceral Manipulation: Abdomen 1 (VM1) workshops.

  In certain situations, attending the VM1 for the second time may be substituted by attending a sanctioned VM1 study group or attending Listening Techniques.

• Successful attendance at one Visceral Manipulation: Abdomen 2 (VM2) workshop.

• Successful attendance at one Visceral Manipulation: The Pelvis (VM3) workshop OR

• Successful attendance at one Visceral Manipulation: The Thorax (VM4) workshop.

• Recommendation from a Certified Visceral Manipulation Instructor.
How to become an Assistant

**VM1: Teaching Assistant Requirements**

- Notify Teacher on Day 1 that you are interested in Assisting
- Time will be set for the Instructor to test your hands
- Requirements for other courses are listed on the website
Teaching Assistant Guidelines

General

• Be on time every day
• Dress Code: representing the Barral Institute
• Personal Hygiene (mints, perfumes, scented lotions)
• Leaving the room (breaks, lectures)
Teaching Assistant Guidelines

General

• Don’t treat participants during the course
• Odd number of students: act as a partner
• Fill out the course evaluation form
• Evaluated by the teacher, facilitator, participants and the other assistants – request these for your own growth
Teaching Assistant Guidelines

Instructor

• Instructor is in charge of the class
• Meeting before class starts on first day (Instructor leads)
• Team
• Inquire if they need anything (support them)
Teaching Assistant Guidelines

Instructor

• Brief end of day meeting
• Share which students are exceptional or lagging behind
• Share if there is a question repeated by multiple students
• Watch when they are demonstrating lab techniques
Teaching Assistant Guidelines

**Instructor**

- Become familiar with the room: lights, temperature control
- Inform if the microphone is too loud or too quiet
- If you have a different opinion than the Instructor or you have a question, discuss with them at a break not in front of the class
- Let Instructor know if you want to qualify to assist other courses
Teaching Assistant Guidelines

Facilitator

• Responsible for the overall organization of the course
• Mediator between the Institute and the hotel
• Introduce yourself at the beginning of day 1
• Inquire if they need anything
Teaching Assistant Guidelines

**Facilitator**

- Issues with the room/bathrooms
- Participant is missing
- Specific questions about upcoming courses or products
- Offer to get lunch
- Suggestions for: Venue, books, audiovisuals, products and materials
Teaching Assistant Guidelines

Other Teaching Assistants

• Refrain from side conversations during lecture and lab
• Avoid treating each other any time during the course
• When discussing participants make sure that you are in a private area
• As a team divide up the room into sections and then rotate
• Team
Teaching Assistant Guidelines

Students

- Create a safe and supportive learning environment
- Mingle with course participants during registration
- Observe and circulate as much as possible during lab
- Use same hand positions that the Instructor used
Teaching Assistant Guidelines

Students

• Be aware of the goal and length of the lab
• Only spend a few minutes at each table, you’re assisting not treating
• Hands over their hands, hand on their body, hands in the air/prop
• Your role is to clarify and assist with palpation
• Actions speak louder than words
Teaching Assistant Guidelines

“Tell me and I forget. Teach me and I remember. Involve me and I learn.”

- Benjamin Franklin

“I hear and I forget. I see and I remember. I do and I understand.”

- Chinese Proverb
Teaching Assistant Guidelines

Students

• Keep techniques to those being taught
• Positive Reinforcement is essential
• Praise is the best learning motivator

“Nine-tenths of education is encouragement”
- Anatole France
Teaching Assistant Guidelines

“A teacher affects eternity; he can never tell where his influence stops.”

- Henry Adams
Teaching Assistant Guidelines

“Education is not the filling of the pail but the lighting of a fire.”

- William Butler Yeats
Questions?