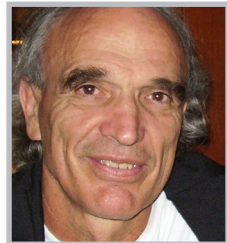




The Barral Institute is a health education, training and research organization dedicated to the advancement of Visceral Manipulation, Nerve Manipulation and related Manual Therapies. Founded by Jean-Pierre Barral, D.O., MRO(F), the Barral Institute conducts hundreds of workshops nationally and internationally to educate and train healthcare practitioners in the proper techniques and the therapeutic value of these modalities. Alumni include Osteopathic Physicians, Allopathic Physicians, Doctors of Chiropractic, Doctors of Oriental Medicine, Physical Therapists, Occupational Therapists, Acupuncturists, Massage Therapists and other Professional Bodyworkers.

VISCERAL MANIPULATION SKILLS



Modality Developer,
Jean-Pierre Barral,
D.O., MRO (F)

"I am always so impressed with the knowledge and skills of the instructors, as well as with the humble attitude with which they share their knowledge. The discussion during the hands-on portion of the seminar was very helpful for learning how to integrate the work into our practice, as well as seeing the relevance and relationships. I had a wonderful day working with my clients and felt that it was due to the integration of the VM work that resulted from this course." - P.H., Yukon Territory, Canada

"Thank you for teaching VM1 in Singapore. Before this class, I thought Barral's way was too direct, using a lot of force and may be harmful to the viscera. Now I know Barral's techniques use just enough pressure to counteract gravity. Barral's way of stretching visceral ligaments is quite effective. I am planning to speed up my learning of VM." - C.Y., Taipei, Taiwan

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Visceral Manipulation: Abdomen 1 and 2 The Core of the Visceral Manipulation Certification Program

Each course is presented through lecture and demonstration followed by supervised practice. Together, the workshops provide a comprehensive background in this breakthrough modality.

The entry level consists of two four-day classes: Visceral Manipulation: Abdomen 1 (VM1) and Visceral Manipulation: Abdomen 2 (VM2). This format allows for the most complete study and practice of the core VM techniques, and it provides a solid foundation of Barral's evaluation and corrective methods.

Abdomen 1 (VM1)

Study the models and theories of functional biomechanics as viewed from Barral's innovative approach.

- Examine organs such as the liver, stomach, gallbladder, small and large intestine, and their relationship to structural or neuro-musculoskeletal dysfunction.
- Learn new evaluation techniques to identify areas of primary restriction within the abdominal cavity along with the most effective order in which they should be addressed during your treatment plan.
- Explore the dynamics of motion and suspension in relation to organs, membranes and ligaments.
- Participate in supervised, hands-on sessions that guide you through specific techniques for locating and evaluating each organ, along with the effects and contraindications.

Prerequisite: Manual therapy license and experience with sensitive, light-touch palpation.

Required Advanced Reading: *Visceral Manipulation* by Jean-Pierre Barral, RPT, DO; *Atlas of Human Anatomy* by Frank Netter, MD, or *A Regional Atlas of the Human Body* by Carmine Clemente.

Abdomen 2 (VM2)

Expand on the functional anatomy, hand placements and techniques you learned in Visceral Manipulation: Abdomen 1 to give you a deeper understanding of the abdominal cavity and its relationship to the pelvic and thoracic cavities.

- Explore the deeper structures within the abdominal cavity, focusing on the kidneys, pancreas, spleen, greater omentum, peritoneum, and their connective or suspensory tissues.
- Learn about the concept of restriction planes, mobility and motility.
- Begin to incorporate multiple long-lever techniques into your VM work.
- Discover deeper connections between the viscera and the overall integrity of the body.

Prerequisite: VM1 (Abdomen 1) or VMIA (Visceral Manipulation IA).

Required Advanced Reading: *Visceral Manipulation II* by Jean-Pierre Barral, RPT, DO

For VM1

Register 60+ days in advance & tuition is \$595 (U.S.).

Register 30-59 days in advance & tuition is \$695 (U.S.).

Within 30 days, tuition is \$795 (U.S.).

Students receive 50% off the tuition.*

Some cities are subject to a surcharge. Prices are subject to change without notice.

*Call for qualification details.

Save up to
\$200

Sign-in is usually from 8 a.m. to 9 a.m. on the day class begins. Class hours are 9 a.m. to approximately 5 p.m., and frequently 8 a.m. to approximately 3:30pm on the last day of class.

FREE
Seminar Study
Guide Sampler

Go to www.barralinstitute.com

to receive your Study Guide Sampler. The

Sampler includes actual pages from various Barral Institute seminar study guides providing additional insight to the curriculum.

A Few of the Additional Courses Offered by the Barral Institute

Visceral Manipulation: The Pelvis (VM3)

Visceral Manipulation: The Thorax (VM4)

Manual Thermal Evaluation and Introduction to ViscoEmotional (VM5)

ViscoEmotional Relationships (VM6)

Visceral Manipulation: Applications for Pediatrics (VAP)

Visceral Manipulation: Vascular Approach to the Visceral System (VVS)

Visceral Manipulation: Listening Techniques (LT)

Visceral Manipulation: Advanced Visceral Components of the Neck and Thorax (VMAT)

Nervous System Courses

Fascial and Membrane Technique Courses

Continuing Education Credits

The Barral Institute offers classes that satisfy continuing education requirements for many different professions. Continuing Education Credit approvals are listed by association and by state at www.barralinstitute.com. Before attending a workshop, simply verify acceptance with your professional board.

Certification Programs

Earn your certification in Visceral Manipulation curriculum (VM1 – VM6) and Nervous System curriculum (NS1- NS4) from The Barral Institute - developers of the modalities. Certification is also a valuable tool when seeking job opportunities or searching for co-workers.