The Effectiveness of Neural Mobilization for Neuromusculoskeletal Condition: A Systematic Review and Meta-analysis
Analle Basson, PhD, Benita Olivier, PhD, Richard Ellis, PhD, Michel Coppiesters, PhD, Aimee Stewart, PhD, Witness Mudzi, PhD. Journal of Orthopaedic & Sports Physical Therapy,. 2017 Jul; 47 (9): Pages: 593–615.

Negative Neurodynamic Tests Do Not Exclude Neural Dysfunction in Patients With Entrapment Neuropathies.

Stretching of roots contributes to the pathophysiology of radiculopathies. Joint Bone Spine.

Effectiveness of neural tissue mobilization over cervical lateral glide in cervico-brachial pain syndrome - A randomized clinical trial

Strain and excursion of the sciatic, tibial, and planter nerves during a modified straight leg raising test.

Do “ sliders” slide and “tensioners” tension? An analysis of neurodynamic techniques and considerations regarding their application.


Different Nerve-Gliding Exercises Induce Different Magnitudes of Median Nerve Longitudinal Excursion: An In Vivo Study Using Dynamic Ultrasound Imaging.


Comparison of Longitudinal Sciatic Nerve Movement with Different Mobilization Exercises: An In Vivo Study Utilizing Ultrasound Imaging

Effects of simulated neural mobilization on fluid movement in cadaveric peripheral nerve sections: implications for the treatment of neuropathic pain and dysfunction.

Effects of lower limb neurodynamic mobilization on intraneural fluid dispersion of the fourth lumbar nerve root: an unembalmed cadaveric investigation.

Changes in nerve root motion and intraradicular blood flow during an intraoperative straight-leg-raising test.

The gliding apparatus of peripheral nerve and its clinical significance.

Effects of lower body quadrant neural mobilization in healthy and low back pain populations: A systematic review and meta-analysis.

Effects of Median Nerve Neural Mobilization in Treating Cervicobrachial Pain: A Randomized Waiting List-controlled Clinical Trial.