

Barral Institute Curriculum

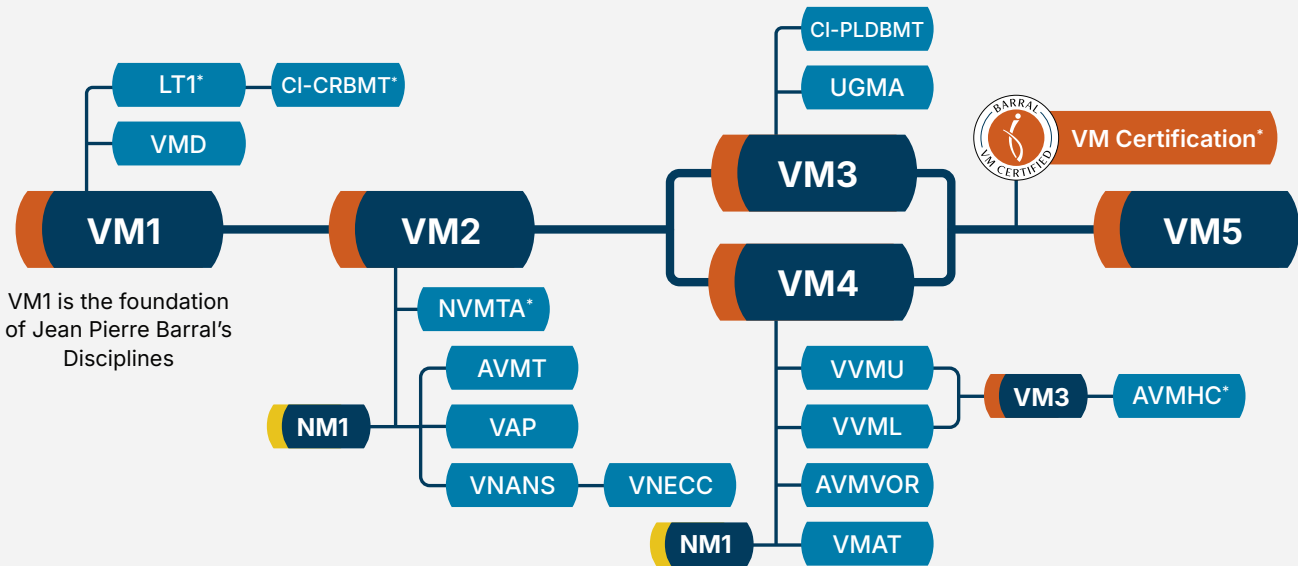
Visceral Manipulation • Neural Manipulation • New Manual Articular Approach • Manual Approach to the Brain

Curriculum Key

- - - - - Recommended for series completion
- Required for course attendance
- Specialty classes

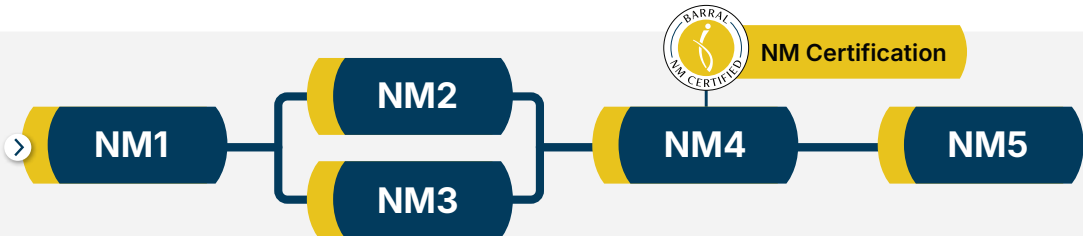
Visceral Manipulation Discipline

Follow the core VM sequence, with optional specialty courses connected to their required prerequisite class



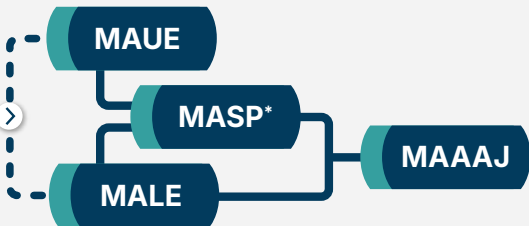
Neural Manipulation Discipline

VM1 is suggested prerequisite, as foundational for all Barral Disciplines



New Manual Articular Approach Discipline

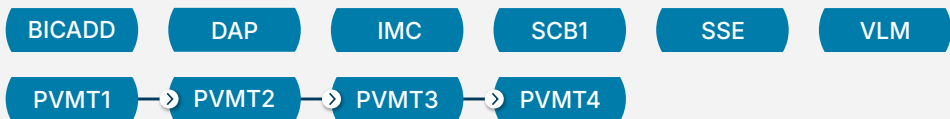
VM1 is suggested prerequisite, as foundational for all Barral Disciplines



Manual Approach to the Brain Discipline



Additional Specialty Classes



AVMHC	Advanced Visceral Manipulation: Physiological, Hormono-Chemical Effects of Soft Tissue Treatment and Clinical Applications*
AVMT	Advanced Visceral Manipulation: Trauma
AVMVOR	Advanced Visceral Manipulation: Visceral Osteoarticular Relationships
BICADD	Soft Tissue Integrations Supporting Spine and Disc Health; Clinical Applications for Disc Disorders
CI-CRBMT	Clinical Interventions: Concussion Recovery; Barral Manual Therapy*
CI-PLDBMT	Clinical Interventions: Pregnancy, Labor/Delivery and Postpartum Care for Mother and Baby; Barral Manual Therapy
DAP	Deep Articular Pain; Clinical Reasoning and Advanced Therapeutic Application
IMC	Interdisciplinary Master Class
LT1	Visceral Manipulation: Listening Techniques 1; An Integrative Approach to Evaluation*
MAAAJ	Manual Articular Approach: Advanced Joints

MALE	New Manual Articular Approach: Lower Extremity
MAUE	New Manual Articular Approach: Upper Extremity
MAASP	New Manual Articular Approach: Spine and Pelvis*
MAB1	Manual Approach to the Brain 1
MAB2	Manual Approach to the Brain 2
MAB3	Manual Approach to the Brain 3
MAB4	Manual Approach to the Brain 4
NM1	Neuromeningeal Manipulation; An Integrative Approach to Trauma
NM2	Peripheral Nerves; Upper Body
NM3	Peripheral Nerves; Lower Body
NM4	Cranial Nerve Manipulation
NM5	Central and Peripheral Connections
NVMTA	Neuro-Visceral Manipulation of the Thorax and Abdomen*
PVMT1	Polyvagal Manual Therapy 1
PVMT2	Polyvagal Manual Therapy 2
PVMT3	Polyvagal Manual Therapy 3
PVMT4	Polyvagal Manual Therapy 4
SCB1	Visceral Manipulation: Strategic Crossroads of the Body 1
SSE	Synoviolymphatic System of the Extremities

UGMA	Urogenital Manipulation Advanced
VAP	Visceral Applications for Pediatrics
VLM	Visceral Lymphatic Manipulation
VM1	Visceral Manipulation: Abdomen 1
VM2	Visceral Manipulation: Abdomen 2
VM3	Visceral Manipulation: The Pelvis
VM4	Visceral Manipulation: The Thorax
VM5	Manual Thermal Evaluation and VisceroEmotional Relationships
VMAT	Advanced Visceral Components of the Neck and Thorax
VMD	Visceral Manipulation Dissection
VNANS	Vagus Nerve and Autonomic Nervous System
VNECC	Vagus Nerve Advanced Techniques, Energetic and Cerebral Connections
VVML	Visceral Vascular Manipulation: Lower Body
VVMU	Visceral Vascular Manipulation: Upper Body



See [Barralinstitute.com/courses](https://barralinstitute.com/courses) for more information

*See [Barralinstitute.com](https://barralinstitute.com) for prerequisite